DEPARTMENT OF PSYCHIATRY

COLLEGE OF HEALTH SCIENCES

FACULTY OF CLINICAL SCIENCES

BAYERO UNIVERSITY, KANO

POSTGRADUATE STUDENT HANDBOOK OF

MSc PUBLIC MENTAL HEALTH AND POLICY

JANUARY, 2020

Logo and Motto of the University

The star-shaped calligraphy is the motto of the citadel, a graphic pun, excerpted from the Holy Qur'an. "Wa Fawqa Kulli Dhi Ilmin Alim" It echoes an eternal truth that also underlines the humility and sense of service the community has come to expect from its stars in the learning firmament: "... And above every possessor of knowledge, there is one more learned".

Vision of the University

To lead in research and education in Africa

Mission of the University

Bayero University is committed to addressing African developmental challenges through cutting-edge research, knowledge transfer and training of high quality graduates.

Core Values of the University

Humility and Sacrifice

Discipline and Commitment

Integration

Professionalism and Good Governance

Innovativeness and Creativity

Excellence and Best Practice

Active learning

Strategic Goals of the University

Responding to needs, meeting aspirations, leading in research and innovation, achieving best practices in University governance, meeting infrastructural and municipal requirements, becoming a leader in ICT research and services, taking the University to the community, maintaining highly motivated personnel, expanding future base, producing leaders, and influencing Development.

Visitor and Principal Officers of the University

His Excellency, Muhammadu Buhari, GCFR President and Commander-in-Chief of the Armed Forces, Federal Republic of Nigeria	Visitor
His Royal Majesty,Omo n'Oba N'Edo Uku Akpolokpolo Oba Ewuare II N'Ogidigan the Oba of Benin	Chancellor
Udoma Udo Udoma (CON)	Pro-chancellor and Chairman of Council
Professor Sagir Abbas FMAN, PhD. (ABU),MED, BSc.(BUK)	Vice Chancellor
Professor Muhammed Sani B.Sc. (Ed), M.Ed, (BUK) Ph.D (ABU)	Deputy Vice Chancellor (Academic)
Professor Mahmoud Umar Sani MBBS FWACP PhD	Deputy Vice Chancellor (Administration)
Prof Abdullahi Sule Kano BSc Int Studies (ABU), MSc Pol Sc. (ABU), PhD Pol Sc. (ABU), NPSA, AAPS	Deputy Vice Chancellor (research Development)
Jamil Ahmad Salim, BA, PGDPPA,MBCL (BUK) B.A. (Ed), MPPA (BUK)	Registrar
Alh. Suleiman Bello	Bursar
Dr. Musa Auyo CLN PhD(BUK);MLS, (ABU) BALS, DLS (BUK)	Librarian

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FOREWORD

It is my pleasure to write the foreword of this very important document, the Postgraduate Student Handbook of the Department of Psychiatry, Faculty of Clinical Sciences, Bayero University, Kano. It is a very important document in the sense that it is intended to guide you and give you direction throughout your stay here at Bayero University, Kano. The Handbook has been carefully prepared with the objective of giving you all the necessary information that you require not only in understanding the structure of the postgraduate programme (M.Sc. Public Mental Health and Policy) but also the rules, regulations and guidelines that you need to follow to enable you successfully pursue your studies in the faculty and indeed, the University.

The Handbook covers a wide range of areas that, if carefully read and fully internalized, will make your study and, indeed stay at the Bayero University, Kano successful, pleasant, and rewarding. The areas include philosophy and objectives of the Faculty, admission requirements, graduation requirements, academic regulations, general conduct and discipline, dressing and dress code, course outline, and course description, among others. I urge you to read this Handbook carefully and make good use of it. For the avoidance of doubt, you are reminded that your degree certificate is awarded based on **character** and **learning** and not on **learning** alone. You are required to be hard working and to always strive for excellence. You are also required at all times to maintain discipline and obey the University's Rules and Regulations. The University will neither tolerate violation of its rules and regulations nor those who cross the bounds of decency. At the same time, the Faculty and the University as a whole will do everything possible to assist you in realizing your legitimate objectives, i.e. your fundamental reason for coming to the University.

I wish you a very pleasant and successful stay at the Bayero University, Kano.

Professor Sagir Abbas

Vice Chancellor

MESSAGE FROM THE HEAD OF DEPARTMENT

It gives me a great pleasure and privilege to write the message of the first edition of the M.Sc. Public Mental Health and Policy Student handbook.

This is the first academic postgraduate programme offered by the Department.

The student handbook will be of immense value to not only postgraduate students but also to other students of public health. The handbook contains useful information that will guide students on the philosophy, objectives, admission requirements of the programme, grading system, staff list, outline of course structure and synopsis.

I wish you a very fruitful and resourceful academic pursuit in the University.

Dr Owolabi Desola Shakirah

Head of Department

ACADEMIC REGULATIONS

Semester System

The Faculty, in line with the University Regulation operates a semester system which is defined as a quantitative organization of the curriculum where courses are divided into examinable units and for which a student earns credit if passed. The courses are arranged in a well-defined order that indicates the credits load as well as the semester in which they are offered. For instance, a course coded PHP8201 where 8 indicates 800 level-course, 2 indicate credit units, and 01 indicates the course is taken at first semester. Usually odd numbers (last digit) are assigned to courses in the 1st semester, while even numbers are assigned to 2nd semester courses.

Basic Concepts

The main concepts used in the semester system are:

Credit Unit (CU)

Credit Unit (CU) represents the weight assigned to the course, and is recorded in credit hours. One credit is considered as one hour of classroom lecture per week or two hours of laboratory exercise per week. Thus, CU consists of specified number of student teacher hours/week/semester.

Grade Point (GP)

This involves assigning numerical or alphabetical letter to the scores of students at examinations, reports or projects. Letter systems generally run from A (5 points), to B (4 points), C (3 points), D (2 points), and F (0 point).

Grade Point Average (GPA)

This refers to the evaluation of students' performance in any semester. It is the average of weighted grade points earned in the courses offered by a student in a semester. The GPA is calculated as follows:

$$GPA = \frac{TCE}{TCR}$$

Where;
TCR = Total Credits Registered
TCE = Total Credits Earned

Cumulative Grade Point Average (CGPA)

The CGPA represents an up-to-date average (i.e. cumulative) of the GPA earned by the student in at least two semesters. It is an indication of the student's overall performance at any point in the course of his/ her training at the university. CGPA is attained after two semesters or more in an academic programme.

Calculation of CGPA/GPA

The CGPA is calculated as follows:

$$CGPA = \frac{CPE}{CCR}$$

where;
CPE is cumulative points earned.
CCR is cumulative credits registered

Session
An Academic year of two semesters as determined by Senate.

Semester
A period of 15 teaching weeks or as determined by Senate.

Examination
A formal test by written, oral or practical means held at an appointed time and place.

Carry Over
A student who fails to earn a minimum of 50 marks in a course (continuous assessment and examination) would be required to carry-over the course at the next available period and get it registered bearing in mind that there is maximum number of credits registerable per semester and per session for each level.

Incomplete Status

If a student earns 75% lectures attendance in a course but due to sickness, accident or other pertinent reason(s) is unable to write the semester examination, he/she would be granted incomplete status to retain his/her CA and be allowed to write the examination for that course at a later date.

Suspension of Studies

It means period approved by the Senate for a student to be away from academic activities (based on student's application and supporting documents). It is usually granted for a maximum period of one academic session but could be granted again (renewed) on application for one more academic session only. This usually does not count in determining the maximum period of stay of a student in the University.

Probation

Probation means a warning status accorded a student whose CGPA is less than 3.00 at the end of an academic session. It is usually for one academic session (two semesters) during which a student is expected to improve and raise his / her CGPA to at least 3.00, failure of which will lead to withdrawal of the student from the University.

Rustication

It means staying away from academic work for the period stated (either one semester or two). In this case, all academic exercise of the concerned student is cancelled and he/she will be required to repeat all at the next academic session. As rustication is a punishment, the period of rustication will count in determining the student's maximum period of stay in the University.

Withdrawal

Withdrawal means terminating a student's program of study on academic grounds. A student, who is placed on probation the previous year (academic session) and fails to earn a CGPA of 3.00 the following (succeeding) year, would be considered unfit for the course; accordingly, he/she would be advised to withdraw from the University. Similarly, a student who fails to sit for examination scheduled for a particular semester (absent throughout) without valid reason(s) would be considered to have voluntarily withdrawn from the University. In addition, a candidate who fails more than one third of the total course work credit registered in a session shall be required to withdraw from the program. Likewise, a candidate who fails to pass a required carried over course and those that fail to satisfy the stated requirements for the program within the maximum period allowed by the regulations will be required to withdraw.

Expulsion

Expulsion means terminating a student's programme of study. It is usually on the account of misconduct. A student expelled is disqualified from seeking readmission into the University for any Programme.

Attendance Requirements

Students must attain at least 75% attendance of lectures, tutorial and practical work before being allowed to sit for examination. Students who did not attain **75% attendance** of lectures in any course of the Faculty will not be allowed to sit for examination.

Calculations of GPA and CGPA for All Programmes

Percentage Score (%)	Letter Grade	Grade Point
70 – 100	A	5.0
65 – 69	B+	4.5
60 – 64	B	4.0
55 – 59	C+	3.5
50 – 54	C	3.0
0 – 49	F	0.0

General Conduct and Discipline

The Department of Geography, Faculty of Earth and Environmental Sciences and the university as a whole expect students to conduct themselves in an exemplary manner during their interactions with members of the University community and to live peacefully with them.

Misconduct

Misconduct is any action that is contrary to University Regulations, some of which are as follows:

a) belonging to, or participating in the activities of unregistered/illegal associations including secret cults;
b) physical assault and/or causing bodily harm on any other person, whether a student or not;
c) fighting;
d) rioting and unauthorized assembly;
e) organizing and/or taking part in demonstration by any student without permission;
f) examination related misconducts;
g) drug abuse and the use of prohibited substances;
h) persistent rowdy and/or anti-social behaviour;
i) reckless and/or dangerous driving;
j) insulting and/or attacking University officials in the pursuit of their legitimate duties; and
k) Willful damage of University property.

Examination Regulations

Credible examination is the only measure used in determining the success or failure of any University system. That is why students found to be engaged in examination misconducts are out rightly disciplined.

The University has drawn examination regulations to clarify the legitimate expectations and corresponding responsibilities of all staff and students. It is intended to ensure that the University's examinations are organized and conducted in a consistent and professional manner. These regulations apply at all examinations/assessments in the University (including continuous assessment test, tutorials and take home assignments.)

Some of the regulations are as follows:

a) Students are expected to read all notice boards, bulletins and other related media in the University to keep them abreast with what is the happening. REFUSAL / FAILURE TO READ NOTICES from the designated media is not an excuse for not performing any academic activity.

b) Attendance at lectures, practicals and examinations are compulsory, and anyone who does not attend a lecture, practical and examination at the time and place published in the examination time table will be deemed to have failed in that part of the assessment.

c) Students who have clash in examinations based on the timetable should immediately inform their Examinations Officer within the stipulated period when draft timetable is displayed. Students who fail to inform the appropriate officers of the University of clash in examinations shall blame themselves for any difficulty or eventuality that may arise.

d) It will be the responsibility of each student to make sure that he is aware of the Final Examination Timetable. Students are to expect changes of date, time and venue of examination on the Draft Examinations Timetable.

Examination Procedures and Discipline

a) It shall be the responsibility of each student to make sure that she/he is registered for the appropriate examinations and be sure of the date(s), time(s) and place(s) of the examinations for which he/she is registered, also to ensure that he/she is in possession of any identity document prescribed for the examination.

b) Each candidate should be at the examination venue at least fifteen minutes before the commencement of the examination. Lateness will not be tolerated.

c) Each candidate is required to supply his/her own writing materials and instruments as well as any other examination aids for which provision is prescribed. A student shall bring his identity document to each examination and display it in a prominent position on his desk.

d) Any book, paper, document, examination aid, hand-bag or briefcase which is brought to the examination room must be deposited at the invigilator's desk, or a place designated for the purpose before the start of the examination. In no circumstances must it be placed on or near any candidate's writing desk.

e) Each student shall write in the attendance register his/her registration number, name, answer booklet number and Department and then sign. Students are advised to note their serial number and attendance register number (in case there are more than one registers) for ease of signing out.

f) Student shall write his/her examination number, but not his/her name, distinctly on the cover and on every page of the answer book, as well as on any extra sheet(s) issued.

g) The use of scrap paper, question paper, toilet tissue, etc. for rough work is not permitted. All rough work must be done in answer booklets and crossed out neatly or in supplementary answer booklets which must be submitted to the invigilator.

h) A student leaving the examination hall must sign out and hand his script(s) to the invigilator before leaving if he does not intend to return.

i) A student who leaves the examination room shall not be readmitted unless throughout the period of his/her absence, he/she has been continuously under the supervision of an invigilator or examination attendant.

j) No student shall be allowed to leave during the first thirty minutes or the last ten minutes of the examination.

k) No student shall speak to any other student or make any noise or disturbance during the examination. A student must not indirectly give assistance to any other student or permit any other student to copy from or otherwise use his/her papers. A student must not directly or indirectly accept assistance from any other student or use any other student's paper.

l) Mobile Phones are <u>BANNED</u> into Examinations Halls. A Student shall not use a mobile phone or any other unauthorized ICT device in the examination hall for any purpose; and doing so is an offence. They should not be introduced into the Examination Halls under any circumstance.

m) A student is responsible for protecting his/her work so that it is not exposed to other students.

n) Smoking is forbidden in the examination hall during any examination and in the university premises.

o) At the end of the time allotted, each student shall stop writing. He shall gather his scripts together and remain seated until all candidates' scripts have been collected. It shall be the candidate's responsibility to ensure that his answer scripts are collected by the invigilator.

p) Except for the printed question paper, a student must not remove from the examination room or mutilate any paper or other materials supplied.

EXAMINATION / ACADEMIC MISCONDUCT

a. Candidates for any examination in the University are to conduct themselves properly in and around the examination halls, as explained in Part Three of this General Regulations. Deviations from proper conduct may constitute examination misconduct, which are punishable by the penalties described below.

b. The vicinity of an examination hall is considered to be part of the examination hall. Thus, any student caught with unauthorized materials or writing in the vicinity of the examination hall (after the student has seen the question paper) shall be treated as if the materials are found on him/her in the examination hall. Similarly, any student caught cheating in any way in students' hostels or other areas shall be appropriately treated.

c. Any student of the University who commits an offence punishable under this part in any other institution will be treated as if he/she has committed such an offence in the University, and shall therefore be liable for any appropriate punishment.

d. Examination misconduct cases discovered during the marking of the examination scripts are also subject to appropriate investigations and further necessary action.

Procedure for Investigating Examination Misconduct and Leakages

a. If any student is found to be, or is suspected of, infringing the provisions of the Regulations or in any way cheating or disturbing the conduct of an examination, the Invigilator shall take possession of any relevant evidence, fill the relevant form, obtain statement(s) from the student(s) concerned by giving him/her/them the relevant forms to fill and/or make them sign exhibits.

b. A student accused of involvement in examination misconduct shall be allowed to continue with the examinations provided no disturbances are caused. (S)He shall sign any exhibits collected from him/her and give his/her own version of events by completing the appropriate form.

c. After the examination, the invigilator shall submit his/her report(s), the form(s) completed by the students and all the exhibits and other documents on all the examination misconduct cases to the Faculty Examinations Officer.

d. Upon receipt of any case of examination misconduct, the Faculty Examinations Officer shall report to the Dean, who shall set up a committee to investigate the case further.

e. The Faculty Committee on Examinations Misconduct shall invite all the students accused of involvement to defend themselves of the accusations. A widely publicized notice on notice-boards, which gives the names and registration numbers of the students being invited, as well as the date, time and venue of the Committee's deliberations, shall serve as enough evidence of invitation, but invitation letters may also be sent to individual students. Students that fail to

honour the first invitation shall be given a second chance.

    f.   A student accused of involvement in examination misconduct should defend himself/herself before the Faculty Committee on Examination Misconduct set up by the Dean.

    g.   After hearing from all those concerned, the Committee shall write a comprehensive report on each case brought before it, clearly indicating its findings, as to the degree of involvement, or otherwise, of each of the accused. It shall submit the report together with all relevant documents to the Senate Committee on Examination Misconduct and Leakages.

    h.   After going through the reports of the Faculty Committees on Examination Misconduct and carrying further investigations (where that becomes necessary), the Senate Committee shall report to the Senate, recommending the appropriate punishment to any student found to be guilty.

    i.   A staff member who reports a case of examination misconduct shall not sit on a Faculty or Senate Examination Misconduct Committee when the Committee is considering the case.

    j.   If the question paper for an examination that is yet to take place is suspected as having been leaked, the Chief Examiner shall immediately: withdraw the paper and cause another one to be set in its stead, even if this means shifting the examination date and/or time forward.

Category of Offences and Punishments

The following are the categories of examination malpractice and leakage offences, as well as the appropriate punishment for the offences.

A. Category of Offences Punishable by Expulsion from the University

i.   Impersonating another student, or being impersonated by another person at an examination;
ii.   Exchanging names and/or numbers on answer booklets/sheets;
iii.   Introduction and use of relevant unauthorized material(s) into the examination hall;
iv.   Exchange of materials like question papers, containing jottings that are relevant to the ongoing examination in the examination hall;
v.   Theft and/or illegal removal of examination answer booklets;
vi.   Any kind of mischief likely to hinder the smooth conduct of the examination e.g. causing fire, flooding or engaging in physical violence;
vii.   Collaborating with, or copying from, another candidate;
viii.   Cheating outside the examination hall, such as in toilets, hall of residence etc;
ix.   An offence that fails under category B committed by a student who was previously rusticated;
x.   Any offence under this category committed by a student of this University in another institution;
xii.   Destruction of, tempering with, evidence by candidates – including preventing access to electronic devices; and
xiii.   Any other misconduct deemed by the Senate Committee on Examination Misconduct and Senate to warrant expulsion.

B Category of Offences Punishable by Rustication

i.   Facilitating/Abetting/Aiding cheating by another candidate;
ii.   Introduction, but not use, of relevant unauthorized materials to the examination hall;

iii.   Acts of misconduct (such as speaking/conversation) during the examination that is likely to disrupt the conduct of the examination;

iv.   An offence in category C committed by a previously warned or rusticated student;

v.   Any offence under this category committed by a student of this University in another institution; and

vi.   Any other misconduct deemed by the Senate Committee on Examination Misconduct and Senate to warrant rustication.

C. Category of Offences Punishable by Written Warning

i.   Introduction of unauthorized irrelevant materials into the examination hall;

ii.   Writing on the question paper;

iii.   Any offence under this category committed by a student of this University in another institution; and

iv.   Any other misconduct deemed by the Senate Committee on Examination Misconduct and Senate to warrant warning.

Involvement of Staff Members

The involvement of staff members in examination misconduct and/or leakage cases could take any of the following forms, among others:

i.   Failure to report and /or covering up cases of examination misconduct;

ii.   Intervening on behalf of the students involved in examination misconduct;

iii.   Encouraging examination misconduct or leakage by such acts as the careless handling of examination materials or invigilation;

iv.   Aiding and abetting examination misconduct;

v.   The leakage of examination questions or question papers; and

vi.   The unlawful alteration of examination results or marks.

Misconduct Related to Theses and Dissertations

Students are to observe the universally accepted high standards of academic integrity while writing on and in conducting work related to their programmes, as described in these regulations. Deviations from these standards may constitute misconduct which is punishable by the penalties described in section 3.4.6.

Procedures for Preventing and Dealing with the Misconducts

a.   Lecturers and Supervisors should guide students on the correct ways of writing thesis and dissertation, in line with the above. The attention of the student should be drawn to any infringements to the accepted norms and standards as soon as it is observed.

b.   In case a lecturer/supervisor suspects a student of gross infringement of the provisions of these regulations, the following procedures should be adopted in treating the case.

   i.   For an on-going work (such as a project being supervised), the student should be asked to address the problem identified, for example, by having a plagiarized chapter completely re-written or providing missing citations. If the student refuses to rectify the situation, the lecturer/supervisor should resort to other

actions, as described below.

ii.   If a student submits the final draft of a work that is a course on its own (such as a degree project), which infringes the provisions of Section 3.3, shall be made to re-write it, even if this means registering again in the following session.

iii.   Where the student refuses to re-write the project, or where the lecturer/supervisor believes that the student has committed an offence, the student shall be referred to the Faculty Committee on Academic Ethics.

iv.   After hearing from all those concerned, the Committee shall write a comprehensive report on each case brought before it, clearly indicating its findings, as to the degree of involvement, or otherwise, of each accused. It shall submit the report together with all the relevant documents to the Senate Committee on Academic Misconduct.

v.   After going through the reports of the Faculty Committees on Academic Ethics and carrying further investigations (where that becomes necessary), the Senate Committee shall report to the Senate, recommending the appropriate punishment to any student found to be guilty.

Categories of Offences and Punishments Relating to Theses, Dissertations, Project Reports and Long Essays

If the Senate Committee on Academic Ethics establishes that a student has violated the University standards on academic writing outlined it shall recommend the appropriate punishment to the Senate in line with the following general guidelines. Students punished under categories b and c would, in addition, be graded 'F' in the final year project.

(a)   **Offences Punishable by Expulsion**

   i.   Submitting Long Essay, Project Report, Dissertation or Thesis done by someone else;
   ii.   Submitting, as Long Essay, Project Report, Dissertation or Thesis, a work submitted earlier for another purpose by the Student or by others at Bayero University Kano or somewhere else;
   iii. Repackaging a whole Long Essay, project, dissertation or thesis as his/her own product; and
   iv.   Any other offence related to long essay, project report, dissertation or thesis deemed by the committee to merit expulsion.

(b)   **Offences Punishable by Rustication**

   i.   Substantial plagiarism of the work(s) of others;
   ii.   The fabrication or intentional misrepresentation of data, experimental results, & analyses; and
   iii. Any other offence related to long essay, project report, dissertation or thesis deemed by the Committee to merit rustication.

(c)   **Offences Punishable by Written Warning**

   i.   Failure to acknowledge references;
   ii.   Faking citations; and
   iii. Any other offence related to project reports, long essays, dissertations or theses deemed by the Committee to merit a written warning.

(d)   **Offences Punishable by the Failure Grade in the Coursework**

Any of the offences in categories (b) and (c) committed by a student in respect of assignments and other aspects of the above continuous assessment would lead to an "F" grade in the course.

Right of Appeal

a. Any student accused of involvement in examination misconduct, the leakage of question papers or misconduct related to academic writing has a right to fair hearing. Indeed, a number of the proceeding provisions are meant to guarantee that. However, refusal/failure by a student to fill the appropriate form giving his/her own version of events or to appear before a Faculty Committee should not be viewed as denial of such rights.

b. Any student punished by the Senate for involvement in examination misconduct, leakage or other academic misconduct may appeal directly to it indicating the grounds of the appeal and attaching any supporting documents. The onus is on the appellant to make a case for the Senate to reconsider its earlier decision on him/her.

c. Upon receipt of an appeal from a student punished for involvement in examination misconduct, leakage or other academic misconducts, the Senate or its Chairman shall refer it to the Senate Appeals Committee on Examination Misconduct. The Committee shall consider each appeal on its own merit depending on the grounds of the appeal and any supporting document provided by the appellant and make appropriate recommendations to the Senate.

Dressing and Dress Code

Dress Code is here defined as any appropriate or formal or informal dress and dressing style in which there is no attempt to expose the body's intimate parts. A dress should have sleeves and extend from the neck to just below the knees. Students of the Department, Faculty and indeed the University at large are required to dress decently at all times.

The following types of dresses are prohibited

1. Transparent dress that highlights or emphasizes the body's, sensual parts, such as the thighs, breasts, etc.
2. Unbuttoned shirts without a t-shirt or a singlet, or an under wear cloth.
3. Clothes that illustrate, enhance, or depict drugs, alcohol or have offensive and violent messages / inscriptions.
4. Clothes that display weapons or any gang-related illustrations and messages/ inscriptions.
5. T-shirts or clothes with obscene captions.
6. Shorts and skimpy dresses e.g. body hugs, show-one-your-chest, and dresses exposing sensitive parts.
7. Tights, shorts and skirts that are above the knees (except for sporting purposes).
8. Wearing of ear-rings by male students,
9. Plaiting or weaving of hair by male students.
10. Wearing of colored eye glasses, not on medical grounds in the classroom.

Penalties for Violation of the Dress Code

1. Violators will not be allowed into classrooms, lecture halls, laboratories, and offices of the university.
2. Violators will not be allowed in examination halls.
3. Repeated offenders will face disciplinary action**.**

Sexual Harassment Policy

The University has zero tolerance to any act of sexual harassment. In its effort to adhere to the global best practices, the University has a policy document to guide its students, staff and third parties (e.g. vendors, visitors, contractors working in the University, business owners within BUK campuses, any other person engaged to render service to staff or student(s) of the University, etc) on procedures for the prevention, reporting, response mechanisms and consequences of sexual harassment acts. This policy is designed to create a sexual harassment-free environment in the University.

The sexual harassment policy is a clear statement of commitment by the University leadership that sexual assault and harassment are unacceptable. The policy is to:

1. Create awareness among the University community on sexual harassment and other related issues
2. Create an enabling environment for reporting
3. Protect the basic rights of the parties involved in sexual act within the University
4. Maintain peaceful coexistence and mutual respect among the Bayero University community members
5. Provide guidelines for handling sexual harassment and other related issues
6. Provide appropriate sanctions for established sexual harassment and other related issues.

The policy is applicable to all members of the University. These include staff, students and third parties. The University is also committed to ensuring that all groups affiliated to it adopt the policy. The University will do all it can to prevent sexual harassment act. Details are in the policy document

Research Policy

The Directorate of Research Innovation and Partnership (DRIP) is saddled with responsibility of driving the research policy of the University. It coordinates all the affairs of research, innovation and partnership on behalf of the University http://buk.edu.ng/drip/

Policy documents with respect to its activities are obtained in:

- Research policy   http://buk.edu.ng/drip/pdf/drip_research_policy.pdf
- Intellectual Policy http://buk.edu.ng/drip/pdf/drip_interlectual_property.pdf
- Authorship Policy http://buk.edu.ng/drip/pdf/drip_authorship_policy.pdf

Scholarship Policy

Through the ACE mechanism all **regional postgraduate students** who satisfy admission criteria are eligible for full scholarship, including funding for final research work.

Scholarships are awarded once against each academic calendar year.

All **national postgraduate students** are eligible for scholarship which covers support for final research work.

The center has a number of tuition support scholarships available to eligible ACE national students based on academic merit, leadership potential and benevolent status. Scholarships may be provided for partial or full tuition fees and the awarding of such scholarships is at the discretion of the Center Management Team.

Types of Scholarship

The center has a scholarship support through the ACE mechanism covering full scholarship for all regional students and some national eligible students.

Full scholarship includes:

- Non-transferable tuition for the period of study
- Accommodation for the period of study
- A single return ticket for the student alone
- Support for research work and dissertation

The center also has scholarship covering travels and research available for ACE postgraduate students through partnership such as the ACE West Africa Network in Infectious Diseases in Africa (WANIDA) consortium.

The center shall have other forms of scholarships as dictated by prospective donors and statutory regulations.

Ethics policy

The University's Directorate of Research Innovation and Partnership (DRIP) is working on

this. The link will be included in the document as soon as it is ready.

Student welfare

The African Center of Excellence for Population Health and Policy aims at making available the appropriate conditions for students to complete their studies without obstacles related to their social and economic background. This we do by minimizing risk of harm so that and students feel physically and emotionally secure to reach their full potential. Below are a range of information and guidance that promote learning in a safe, secure and stimulating environment.

Student Arrival

Majority of our students are nationals (Nigerians) with a fair representation from regional African countries. Regional students are expected to maintain communication with the Center's Administrative Head (CAH) upon admission into any of our programmes. Details of departure, arrival, transportation to and fro the airports and other logistics are to be discussed in details and all arrangements made with the CAH prior to departure from their homeland. All tickets and receipts are to be kept safely as there may be need for submission and reimbursement after arrival. Details of screening and course registration at the University's School of Postgraduate Studies are also given by the CAH.

Student Culture

All new students are expected to participate in an orientation programme that will familiarize them with the University setting, lectures, assignments, class attendance and participation, internship and research conduct. Students may be assigned tutors/advisors by their respective programme coordinator (Departmental PG Coordinator). A Students' Support Committee headed by one of the Center's Deputy Directors (Training) is tasked with the responsibility of assigning mentors to Mentees, addressing any concerns/ complaints raised by students and ensuring physical, emotional, academic and general well of all students. This committee works closely with the Student Liaison Officer (SLO) who is a representative of the Center, a member of the committee and relates directly with the students. The SLO is available to all students at all times, either on the phone or in person. Students are free to discuss matters that they feel were previously addressed unsatisfactorily. A nominated student's representative is part of the Students' Support Committee. This representative relates information to/from students and gives feedback to the committee.

Accommodation for students

The Center accommodates all regional students in hostels within the premises of Bayero University Kano or Aminu Kano Teaching Hospital. Postgraduate accommodation within the university campus are located within short distance from the departments and library. Accommodation for regional students is covered by the scholarship scheme. National students can apply for accommodation via the University platform for hostel accommodation or use a convenient accommodation of choice. The cost of such is borne by the national student. The Center plans to build a students' hostel of international standard in the nearest future.

Emergency Procedures

In case of emergencies such as a health or social problem that may interfere with learning and academic performance, students are to notify the SLO who will escalate the problem to the appropriate authorities. All students are to register with the University's Health Insurance Scheme by visiting the Card Room at the Health Centre on either the Old or Main Campus.

A unique identification number is given to each student and this is used for accessing health services throughout their academic stay in ACEPHAP/BUK.

Ambulances on 24-hour basis are available in the University health services on all the campuses to evacuate any patient(s) that need to be moved to specialists or tertiary health institutions as need be.

There is also the fire/safety unit in the Security division which is always on alert in case of fire incidence(s).

Porters assigned to each hall of residence contact the university health service and fire/safety unit in case of medical emergency or incidence of fire outbreak.

Students' Associations

One of the most prominent groups in the university is the 'Students' Union Government'. It is an association dedicated to ensuring that all students enjoy fairness, unbiased opportunities and a voice in their dealings in the University. Other smaller social groups that relate to a common identity such as gender, religion, profession etc also exist in the university.

Communication Channels are as discussed in the section "Student Culture" above

Language Centre

The University has a Department of English and Literary Studies which in partnership with the Centre organize English Language proficiency course for French-speaking students. Such students arrive 2-3 months to enroll in the English classes before commencement of normal lectures. The course is organized for 3 days per week throughout the session (9-10 months). At the end of the course, successful students are issued *English Language proficiency Certificate*.

Deanery of Students

The Student Affairs Division under the Vice Chancellor's office administers the non-academic matters of students. The Dean, Student Affairs heads the division with support from three Deputy Deans (one each for the new and old campus and a Deputy Dean, Female). They assist the Dean in the discharge of his duties on the two campuses, students' halls of residence at the Aminu Kano Teaching Hospital (AKTH), School of physiotherapy, recreational and sporting activities, student's clubs, societies and associations. Other officers are Deputy Registrar, Student Affairs, Welfare Officer, matrons, hall administrators, caretakers and porters. There is a Guidance and Counselling Unit in the division which is responsible for guiding and counselling students on academic, social and personal matters.

In line with global practice, students are expected to be decently dressed at all times and the acceptable mode of dressing is available in http://www.buk.edu.ng/?q=node/281

Recreation and Sports Facilities

A variety of recreational and sporting facilities are available on both campuses. There are standard basketball, volleyball, badminton, fives, squash, handball, and lawn tennis courts. There is a University football field (rated as being among the best in the State while the sports complex building provides an indoor sporting centre. In addition, the University has a mini-stadium (Ahmadu Adamu Muazu Mini-stadium), which includes a standard football field and a track for athletics on its new campus. In the Aminu Kano Teaching Hospital Campus where ACEPHAP is located, there are sports fields available like basketball, lawn tennis, football, etc

Commuter Services

The University has made arrangements for inter-campus Bus Services is run by the division at subsidized rate per trip with designated bus stops within the campus. There are nine (9) 18-seater coaster buses, two (2) 36-seater buses and two (2) Marcopolo buses in the fleet. In addition, ACEPHAP has a plan to secure one vehicle for official uses that may arise in the training of students

The Students Centre

Suitable venues have been provided for clubs, societies, associations meetings and other activities in the student Centre located on the new campus.

Students Career Services

The University liaises with Federal and State Ministries of Education on the provision of Scholarships and bursaries to students. This unit also assists in processing applications for jobs, contacting prospective employers and arranging for interviews.

Security Services

There is a security division which is directly under the Office of the Vice Chancellor. It is divided into four functional unit (guards duty unit, administrative unit, crime investigation unit and intelligence unit and the fire/safety unit, each headed by an officer-in-charge (OIC). This unit is saddled with responsibility of enforcing some of the University's rules and regulations, in addition to protecting lives and property in the University premises including the university communities located outside the two main campuses.

Children's Nursery

There's a private nursery (Sweet Haven) within the Association of Resident Doctors Complex in Aminu Kano teaching Hospital Campus that accepts children from 8:00 am to 5:00 pm.

BUK Library

The library has a total collection of 265,790 volumes of books and 98,266 volumes of local and international journals. The Main Library is located in the Main Campus, Gwarzo road. There are multiple branches including the Medical Library at the AKTH Campus, Zaria Road, Kano. Registration is easy for students and entails presentation of an admission letter, passport photos and filling of relevant forms. Upon completion of studies students are expected to get clearance from the library

The Library also offers electronic resources for both online and offline access. The online databases that the University subscribed to include:

1. Springer: www.Link.springer.com. User ID: automation.lib@buk.edu.ng. Password: bukanimation2019
2. Science Direct: www.sciencedirect.com. User ID: librarian@buk.edu.ng. Password: Library
3. EBSCO Research Databases: EBSCO is a leading provider of research databases, e-journals, magazine subscriptions, e-books, etc. User ID s6040160. Password: password
4. HINARI: web address: www.who.int/hinari. User ID nie002. Password:1358M6
5. Oxford Academic Journals: Link: https://academic.oup.com/journals. No ID or password required
6. JSTOR: web address: http://www.jstor.org/logon. User ID: bayero. Password: nepomovo

There are offline databases like eGranary that gives access to over 35 million digital resources. More than 5,000 full text theses are also available. To access BUK offline resources join the wireless network "BUK-LIBRARY-OFFLINE RESOURCES". Open your internet browser and type the following address: ftp://192.168.0.100.

For further enquiries contact the office of the University Librarian or HOD Animation, Multimedia and E-Services. Phone 08036030656 or email automationbuk@gmail.com. Website: www.library.buk.edu.ng

ABOUT AFRICAN CENTER OF EXCELLENCE IN POPULATION HEALTH AND POLICY (ACEPHAP)

The African Center of Excellence in Population Health and Policy (ACEPHAP) is one of the newly established academic Centres and Institutes in Bayero University. Its establishment was approved by the Senate and Council of the University in 2019. In the year 2019 Bayero University won a competitive grant from the World Bank to the tune of US$5,000,000 to be received over a period of 5 years based on disbursement linked indicators.

Vision: To be a center of excellence in population health, research and development in Africa

Mission: To produce skilled human resource for health with a focus of conducting impactful research to achieve health related sustainable development through linking research findings to policy implementation.

BRIEF HISTORY OF THE PROGRAMME

The programme is Master of Science in Public Mental Health and Policy. It will be domiciled in the Department of Psychiatry (Faculty of Clinical Sciences) but will have contribution of faculty from other departments like Community Medicine, Mass Communication, Mathematics and Geography coordinated by the Africa Center of Excellence in Population Health and Policy, ACEPHAP

1. PHILOSOPHY, VISION AND MISSION OF THE PROGRAMME

Philosophy

The MSc Public Mental Health and Policy programme is designed to train graduates to acquire knowledge and skills to address societal unmet mental health needs. The programme will also provide skills in advocating, developing and implementing policies that can address contemporary public mental health challenges in a sustainable way.

Mission

To produce skilled manpower related to public mental health towards achieving sustainable solutions to societal unmet mental health needs by linking research findings to policy implementation and the use of state-of-the-art facilities.

Vision

To produce world class graduates in public mental health and policy with capacity and competences to tackle public mental health challenges.

Aim

The programme will equip graduates with necessary skills and expertise in public mental health and policy that will enable them to address present and emerging mental health challenges.

Objectives

The objectives of the programme are to equip graduates with knowledge and skills in:

1. Formulation, implementation and evaluation of public mental health and addiction policies.
2. Organization and evaluation of public mental health and addiction services.
3. Development and implementation of mental health and addiction services research.
4. Mental Health legislation and human rights.

Need Assessment (Rationale and Justification for the programme)

There is a rising level of unmet mental health need across the world and right across the spectrum of low and medium income countries (LMICs) including Nigeria. More than 300 million people suffer from mental disorders which are much more common among the poor, and they in turn increase poverty. Emergencies and major economic transition do increase the rate of certain mental disorders. Depression is ranked as the leading cause of disability worldwide. Mental disorders are among the risk factors for communicable (TB, HIV/AIDS and Malaria) and non-communicable (Diabetes, Hypertension and other cardiovascular conditions) diseases. Stigma and discrimination against persons with mental illness prevent them and their families from seeking mental healthcare; and are likely to lead to more human rights violations. Some of the unmet mental health needs are traceable to absence of mental health policy and legislations that adequately protects the rights of people with mental disorders in many LMICs (West/Central Africa including Nigeria). Therefore, this programme will train skilled manpower with capacity in:

1. Developing the right policy and advocating for its implementation.
2. Changing evidence-based research findings into implementable policies.

Admission Requirement

I) Basic degree in Health Sciences and Social Sciences with minimum of second-class lower and any other relevant qualification from Bayero University or other recognized institutions.

II) A good Postgraduate Diploma in relevant area not below classification of Merit from Bayero University, Kano or any other recognized University provided the conditions prescribed under the Postgraduate Diploma Program are satisfied.

III) A minimum of second class upper division degree in a non-related area plus relevant professional qualification obtained after passing a qualifying examination.

Any other qualification deemed equivalent to I, II & III above

NOTE:

1. **Passed a pre-admission assessment in addition to satisfying I, II & III above. This will involve passing an aptitude test.**

2. **Francophone students are required to show evidence of proficiency in English or attend mandatory intercalated English course.**

Mode of Study for the Programme

The program is going to be full time academic masters with student-centered learning approach.

The study of different courses for this program shall be through lectures, presentations, tutorials, assignments, small group exercise, field trips, assessing short courses, internet open access courses (MOOC) and discussions.

Duration of the Program

A minimum period of 3 semesters and a maximum period of 6 semesters.

Graduation Requirements:

1. To qualify for the Master of Science in Public Mental Health and Policy (MSc PMHP) Degree in the Department of Psychiatry, the candidate in addition to fulfilling the BUK Postgraduate requirements, must obtain a minimum of 30 credits: 24 credits for coursework and 6 credits for dissertation.

2. Eligibility – Attendance (75%), Continuous assessment (30%) and Pass mark (50%).

3. Preparation and submission of dissertation.

4. Candidates must present at least two seminars.

5. At least one-month internship in relevant organization.

Learning Outcome

Graduates of the MSc. Public Mental Health and Policy are expected to:

a.   Become health leaders and managers that can run health services in clearly defined populations, conduct edge cutting research, formulate and advocate appropriate interventions in practice and policy.

b.   Be able to look after the mental health and wellbeing of diverse kinds of communities in keeping with the modern practice of the discipline of public mental health.

2. CURRICULUM (800L)

Candidates are required to register for, attend and pass a minimum of 30 credit units. The course comprises:

   a. Eighteen (18) credit units of core courses and six (6) credit units of elective courses.
   b. Conducting a research in the chosen area of specialization and have an external defense of the dissertation (6 credit units).
   c. Presenting seminar on topics of global health importance.

Probation

A candidate whose CGPA is less than 3.00 at the end of a given session shall be placed on probation.

Withdrawal

i.   Failing to earn a CGPA of 3.00 while on probation.

ii. Failure to sit for an entire semester examination without valid reasons.

iii. Failing to pass a required carried over course.

iv. Failure to attend classes for a period which exceed 30 consecutive days without valid reason.

v.   Failure to satisfy the stated requirement for the award of degree within the maximum period allowed by the Regulations.

vi. Any matter in which the Board of School of Postgraduate Studies considers withdrawal as appropriate.

EXAMINATION OF COURSEWORK

A separate assessment examination shall be conducted for each course at the end of the semester in which the course is completed.

Courses shall be assessed by written examinations while research seminars, projects, dissertations, theses and long essays shall be by evaluation of the report and an oral examination, where applicable.

The duration of a written examination of a postgraduate course shall not be less than two hours.

An external examiner shall be involved in the assessment of the research report (howsoever called) and examination scripts. The manner and extent of the involvement of an external examiner shall be as prescribed under the regulations applicable to the various categories of Postgraduate Programmes.

A student is required to present himself/herself for examination in all the courses for which he /she is registered.

In order to be eligible for examination in a particular taught course, a student shall have attended a minimum of 75% of the total periods of formal instructions delivered for the course. An attendance requirement shall be calculated, taking into account all the types of instructions used in the course.

Each course shall consist of continuous assessment (30 -40%) and examination (60 - 70%) as applicable.

(a) Coverage of the syllabus content;
(b) Quality of students' answers to the various questions;
(c) Quality of practical work, continuous assessment and degree projects;
(d) Students' readiness for the level of manpower he/she is being trained for;
(e) External examination or moderation scheme.

ii) State how matters arising from examinations are handled.

Course Structure for MSc Public Mental Health and Policy

Core Courses

S/N	Course Code	Course Title	Credit Units
1	**PMP8203**	Epidemiology of Mental and Substance Use Disorders	2
2	**PMP8204**	Mental Health legislation, Human Rights and Ethics	2
3	**PMP8207**	Mental Health System	2
4	**PMP8208**	Mental Health and Addiction Policy	2
5	**PMP8209**	Community and Public Mental Health	2
6	**PHP8201**	Basic Epidemiology and Statistics	2
7	**PHP8202**	Advocacy Skills in Health Policy	2
8	**PHP8203**	Research Methodology	2
9	**PHP8205**	Health Policy Process and Power	2
10	**PMP8600**	Dissertation	6

S/N		Total		24

Elective Courses

S/N	Course Code	Course Title	Credit Units
1	**PMP8201**	Introduction to Mental and Substance Use Disorders and their Treatment	2
2	**PMP8205**	Global Mental Health	2
3	**PMP8206**	Health Inequalities and Social determinants of Health	2
4	**GHM8209**	Health Services Management & Financing	2
5	**GHM8211**	Essential Skills in Global Health (Basic GIS, Mathematical modeling, Cost-effectiveness analysis, Project Management and Meta-analysis)	2
6	**PMP8212**	Current Issues in Maternal and Child Mental Health	2
Subtotal			12

Year 1:

First Semester Core Courses

S/N	Course Code	Course Title	Credit
1	**PHP8201**	Basic Epidemiology and Statistics	2
2	**PHP8203**	Research Methodology	2
1	**PHP8205**	Health Policy, Process and Power	2
2	**PMP8203**	Epidemiology of Mental and Substance Use Disorders	2
3	**PMP8207**	Mental Health System	2
4	**PMP8209**	Community and Public Mental Health	2
Subtotal			12

First Semester Elective Courses

S/N	Course Code	Course Title	Credit
1	**PMP8201**	Introduction to Mental and Substance Use Disorders and their Treatment	2
3	**PMP8205**	Global Mental Health	2
2	**GHM8208**	Health Services Management and Financing	2
Subtotal			6

Year 1:

Second Semester Core Courses

S/N	Course Code	Course Title	Credit
1	**PMP8204**	Mental Health legislation, Human Rights and Ethics	2
2	**PMP8208**	Mental Health and Addiction Policy	2
3	**PHP8202**	Advocacy Skills for Health Policy	2
Subtotal			6

Year 1:

Second Semester Elective Courses

S/N	Course Code	Course Title	Credit
1	**PMP8206**	Health Inequalities and Social determinants of Health	2
2	**PMP8212**	Current Issues on Maternal and Child Mental Health	2
3	**GHM8208**	Essential Skills in Global Health	2
Subtotal			6

Year 2

1	**PMP8600**	Dissertation	6
Subtotal			6
Total			**36**

PMP8203 Epidemiology of Mental and Substance Use Disorders

Course Description

This course will be on the descriptive and analytic epidemiology for major mental disorders and substance use disorders. It will examine issues of classification and nosology of psychiatric disorders, operational case definitions and measurement techniques, prevalence and incidence rates, natural history, risk factor research and plausible explanations for credible risk factors. It will also consider aspects of psychiatric epidemiology that illustrate important problems and concepts in epidemiology generally.

Course Code	Course Title	Course Content
PMP8203	Epidemiology of Mental and Substance Use Disorders	1. Basic Principle: Development of Psychiatric epidemiology, Measurement in Psychiatry, Cultural issues in measurement and research 2. Issues of classification and nosology of psychiatric and Substance Use Disorders 3. Introduction to Psychiatric epidemiologic Study designs 4. Interpretation of Psychiatric epidemiological studies 5. Special Topics: Introduction to genetic epidemiology (Behavioral and Molecular genetics), Large Scale (National, Regional and Global) Surveys and their importance

Course learning objectives

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	Comprehension	Application
Basic Epidemiology and Statistics	1. Summarize simple data sets using appropriate diagrammatic methods and appropriate summary statistics 2. Differentiate between population and sample; population parameters and sample statistics and determine sampling variability. 3. Perform and interpret the results of a significance test (hypothesis testing) and confidence interval estimation. Use parametric and non-parametric tests appropriately. Know when to use 1, 2 and paired sample t tests,	1. Understand the basic concepts of Epidemiology and study designs 2. Appreciate the role of Epidemiology as the Quantitative science underpinning much of public health practice 3.Understand the Epidemiological basis of disease causation and control 4.Appreciate the basic methodological	30	30	40

one-way ANOVA, chi-square test, McNemar's test and Fisher's exact test. 4. Understand the basic concepts of Epidemiology and describe applications 5.Understand the Epidemiological basis of disease causation and control 6. Understand the various forms of study designs	tools of Epidemiology 5.Collate, analyze and interpret Epidemiological data from different sources			

PHP8203 Research Methodology

Course description

The course introduces students to the basics of research design and methodology in public health. It provides coverage of quantitative and qualitative methods. Students will understand research approaches, how to conduct literature reviews, write and defend a research proposal and dissertation. It will also include an introduction to qualitative methods and a range of qualitative data collection methods. The students will be introduced to qualitative interviewing, focus group research, observational methods and secondary data analysis. These sessions will discuss the advantages and disadvantages of those methods considering various practical and ethical issues from a multidisciplinary perspective as well as issues of sampling. Students will also participate in workshops on software including NVivo and Atlas.ti.

Course Content

Course Code: PHP8303	Course Title: Research Methodology	Course Content
		1. Introduction to research, outline of a research proposal, selection of research topics, problem articulation and formulation of objectives.
		2. Literature review, bibliography and referencing.
		3. Research designs: quantitative methods, qualitative methods, and mixed methods study.
		4. Sample size determination, methods of data collection: quantitative, qualitative methods.
		5. Ethical issues in Medical research
		6. Conduct of surveys, data management, analysis and presentation of results, discussion of results and report writing.
		7. Introduction to qualitative methods
		8. Qualitative interviewing, Focus groups, Observational methods, Secondary data analysis: documents and archives
		9. Organizing and Coding Data and NVivo workshop

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	**Comprehension**	**Application**
PHP8203 **Research Methodology**	1. Describe the concept of research and how it is conducted. 2. Know how to develop a research proposal, collect data, analyse and discuss the results. 3. Disseminate the research results/ findings appropriately.	1. Develop researchable problems and topics. 2. Use appropriate research approach(es) for problem solving.	30	30	40

	4. Describe the conduct of quantitative research methodology.	3. Appropriate use of quantitative and qualitative research methodology.			
	5. Describe the conduct of qualitative research methodology.	4. Efficient use of software for both quantitative and qualitative data analysis.			
	6. Evaluate strengths and weaknesses of specific methods.				
	7. Understand the principles of Computer Aided Qualitative Data Analysis Software (CAQDAS).				

PMP8207 Mental Health System

Course Description

This course will acquaint students with mental health systems and the development of a comprehensive approach to the delivery of services to a variety of vulnerable populations living in difficult conditions in the community. The topics include a survey of the variety of current mental health services and evidence-based approaches, the impact on services of governance, organization and financing of services including a primer on Medicaid and Medicare, National Health Insurance Scheme (NHIS-Nigeria). The link between poverty and mental health and the use of jails as mental asylums, the development (Mental Health system development) of a competent workforce and an introduction to international community mental health issues will be emphasized. Scaling up services (mhGAP), monitoring and evaluation of mental health system and developing and implementing community mental healthcare will be assessed. Students will go through Mental Health System Research.

Course Code	Course Title	Course Content
PMP8207	Mental Health System	1. Survey of the variety of current mental health services and evidence-based approaches 2. The impact on services of governance, organization and financing of services including a primer on Medicaid and Medicare & National Health Insurance Scheme (NHIS-Nigeria) 3. The link between poverty and mental health and the use of jails as mental asylums 4. The development (Mental Health system development) of a competent workforce 5. Introduction to international community mental health issues. 6. Scaling up services (mhGAP) 7. Monitoring and evaluation of mental health system and developing 8. Implementing community mental healthcare. 9. Mental Health System Research.

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	Comprehension	Application
PMP8207	1.To define concept and pattern of health inequalities 2.To itemize issues around inequalities 3.To state the different relationship between inequalities – social construct, culture and measurement 4.To discuss mental health inequalities based on socioeconomic status, education, spatial,	1.Design a model utilizing the concepts learned that effectively incorporates the most appropriate financing and service delivery approach to achieve values and goals	60%	30%	10%

	ethnic /racial, sex and gender disparities 5.To explain disparities in success and quality of mental health care 6.To list and discuss some social determinants of health 7.To state the role of policy and health services in reducing inequalities				

PMP8201 Introduction to Mental and Substance Use Disorders and their Treatment

Course Description

The course will focus on characterization and symptoms of mental disorders (Autism, schizophrenia, SAD, PTSD, ADHD, anxiety disorders, bi-polar disorders, personality disorders etc.), substance abuse disorder, eating disorders/culture bound syndromes, somatoform disorders, assessment of atypical mental behaviors leading to criminal offenses, Defining forensic mental health, neuro-mechanisms of abnormal mental disorders related to criminal offenses. Characterization of nociceptive substances, neurotoxicology of drugs of abuse (effects of stimulants & depressants on the CNS), pharmacogenomics of abused drugs, substance abuse-mediated psychological irregularities & behaviors, rapid assessments of drugs of abuse (POCT), adolescent trauma & substance abuse, psychosocial model (assessment & ICD 10 diagnosis) of addiction; screening tools such as ASSIST Questionnaire, CAGE questionnaire, Alcohol-related Problems Survey (ARPS), Alcohol Use Disorders Identification Test (AUDIT), Impressions of Medication, Alcohol, and Drug Use in Seniors (IMADUS); psychological therapies of substance abuse (Contingency Management (CM), Motivational Enhancement Therapy (MET), community re-enforced approaches, Brief Interventions (BI), family behavior therapy, Relapse Prevention (RP), Social Behavior & Network Therapy (SBNT)); legal & ethical implications in the treatment & prevention of substance abuse disorders.

Those that have at least 1year training in psychiatry residency or 2 years of mental health nursing need not register this course.

Course Content

Course Code	Course Title	Course Content
PMP8201	Introduction to Mental and Substance Use disorders and their Treatment	1. Characterization and symptoms of mental disorders (Autism, schizophrenia, SAD, PTSD, ADHD, anxiety disorders, bi-polar disorders, personality disorders etc.), Biopsychosocial approach in etiology, treatment and prevention of mental and behavioral disorders 2. Substance Use disorders: Pharmacogenomics of abused drugs, substance abuse-mediated psychological irregularities & behaviors, rapid assessments of drugs of abuse (POCT), adolescent trauma & substance abuse, psychosocial model 3. Forensic mental health, Legal & ethical implications in the treatment & prevention of mental disorders and substance use disorders.

Courses learning objectives, outcome indices and desired competencies

Course Code	Learning Objectives	Outcome Indices	Desired Competences		
			Knowledge	Comprehension	Application
PMP8201	1. Describe major mental disorders and substance use disorders 2. Recall and understand the steps involve in assessment of individual with mental health and substance use problems 3. Know the various common tools used in the assessment of substance use 4. Know the legal and ethical implications in assessment, treatment and prevention of mental illness and substance use	1. Ability to differentiate broadly different types of mental disorders based on their symptoms and signs 2. Ability to differentiate features associated with common substances of abuse base on their effects on psyche and behavior 3. Choice of the appropriate screening tool for each substance of abuse and interpret the result of the screening 4. Critically appraise the legal and ethical issues involve in assessment, treatment and prevention of mental illness and substance use disorders	60%	30%	10%

GHM8208   Health Services Management & Financing

Course Description

This module is designed to develop critical analysis of issues in health services management and financing and to enable students to devise appropriate management and financing responses. It demonstrates the need for a multi-disciplinary approach to understanding health services and the contributions that medicine, sociology, economics, history and epidemiology make.

Course Content

Course Code: GHM8213	Course Title: Health Services Management and Financing	Course Content
		1. Introduction to health services' management. 2. Planning and implementation of health programmes. 3. Evaluation of health programmes. 4. Quality Management. 5. Introduction to healthcare financing. 6. Funding for health. 7. Paying healthcare providers. 8. Introduction to economic evaluation in healthcare.

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	Comprehension	Application
Health Services Management and Financing	1. Understand health services management and describe the basic functions of a health manager. 2. Explain how different disciplines contribute unique insights to how a health service functions. 3. Describe and give examples of the inputs, processes and outcomes of health services; 4. Analyse key, persistent and widespread challenges in providing health services and design approaches to address them.	1. Perform the basic functions of a health manager. 2. Work with other disciplines to plan, implement and evaluate health programmes. 3. Solve key health management challenges. 4. Design and implement	60	20	20

	5. Describe healthcare financing and different funding options.	healthcare financing models.			

PMP8205 Global Mental Health

Course Description

This course will teach students about Global burden of mental, Neurological and Substance use disorders in terms of disability, mortality and economic losses, relevance of mental health to key issues in global health and development (Sustainable Development Goals (SDGs)), Disaster mental health – vital aspect of humanitarian responses – post-disaster psychiatric disorders and challenges when working with victims, culture and mental illness – role of culture in the manifestation of psychopathology, internally displace persons (IDPs), migrants and refugees - migration and impact on mental health.

Course Content

Course Code	Course Title	Course Content
PMP8205	Global Mental Health	1. Global burden of mental, Neurological and Substance use disorders in terms of disability, mortality and economic losses, 2. Sustainable Development Goals SDGs, Relevance of mental health to key issues in global health and development 3. Disaster mental health – vital aspect of humanitarian responses – post-disaster psychiatric disorders and challenges when working with victims, Culture and mental illness 4. Internally displace persons (IDPs), Migrants and Refugees (Emphasis to women and Children)- migration and impact on mental health. 5. Role of culture in the manifestation of psychopathology

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	**Comprehension**	**Application**
PMP8205	1. Understand global burden of mental, neurological and substance use disorders and relationship to global health and development and approaches to mental health promotion, prevention and treatment 2. Discuss disaster mental health issues, associated psychiatric disorders and challenges when working with victims. 3. Learn about the effect of culture on the manifestation of mental illness 4. Discuss impact of migration on mental health 5. Learn about Migration and internal displacement association with mental health with emphasis on special populations	1.Critically assess the global burden of mental, neurological and substance use disorders in terms of disability, mortality and economic losses 2.Explain the relevance of mental health to key issues in global health and development; 3.Compare and contrast different approaches to mental health promotion, prevention and treatment 4.Critically evaluate local and global priorities for mental health research, policy and services 5. To discuss the content of SDG 3 and its relevance to mental health globally and locally 6. Be able to state the mental health problems of Internally displace persons (IDPs), Migrants and Refugees with emphasis to women and children	70%	20%	10%

PMP8209   Community and Public Mental Health

Course Description

This course will acquaint students with Medical model and public health model, key domains of public health that influence mental health and the behavioral sciences involved. Prevention in relation to mental health: Primary, Secondary, Tertiary; Indicated, Selective and Universal, Benefits of incorporating the public health approach to mental health will be discussed.

Course Content

Course Code	Course Title	Course Content
PMP8209	Community and Public Mental Health	1. The Mental Health Context in Public Health. 2. The current provision of community mental health services, 3. Scaling up services for whole populations, 4. Stigma, discrimination, and community awareness about mental illnesses, 5. Developing a consensus for engagement (stakeholders in mental healthcare), 6. Human and financial resources, 7. Development, organization, and evaluation of services, 8. Advocacy for Mental Health 9. Prevention of Mental Illness and promotion of Mental Health 10. Quality Improvement for Mental Health 11. Challenges in implementing community mental health care

PMP8204 Mental Health Legislation, Human Rights and Ethics

Course Description

This course will introduce students to major issues in mental health legislation and Human rights: Interface between mental health and mental health policy, Protecting, promoting and improving rights through mental health legislation (Nigeria's experience), Key regional and international human rights instruments, Content of mental health legislation and Drafting, adopting and implementing mental health legislation.

Course Content

PMP8204	Mental Health legislation, Human Rights and Ethics	1. Context of mental health legislation: Interface between mental health law and mental health policy, Protecting, promoting and improving rights through mental health legislation (Global, West/ Central Africa, Nigeria's experience), Key regional and international human rights instruments, Standards applicable to mental health
		2. Content of mental health legislation: Definitions(Mental illness, disorder, disability, incapacity, unsoundness of mind), Access to mental healthcare, Rights of users, Rights of families and carers with mental illness, competence, capacity and guardianship, voluntary and involuntary mental healthcare, special treatments, seclusion and restraint, clinical experimental research.
		3. Process: Drafting, Adopting and implementing mental health legislation.
		4. Mental Health Ethics: In Practice and Research

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	Comprehension	Application
PMP8204	1.To learn about interface between mental health and mental health policy	1.Describe the various context in which mental health laws emanate	50%	30%	20%
	2.To understand protecting, promoting and improving rights through mental health legislation	2.Able to described key regional and international human rights instruments and their application to mental health legislation			
	3.To know about regional and international human rights instrument	3.Able to define common mental health legislation terminologies			
	4.To know about the philosophical origin of medical ethics, principlism and their	4.Describe the process of drafting, adopting and implementing			

	application in research and practice	mental health legislation 5. Able to critically discuss and proffers solutions to ethical dilemma in mental health issues			

GHM8215 Basic Skills in Global Health

Course Description

The central focus of this course is to acquaint the student with basic skills required to perform and appreciate research and convey scientific information. Topics will be discussed at a basic level with option of in-depth studies during standalone workshops and mentored couching. Topics will be preceded by general introduction to theoretical frame works, and concluded with hand on in dry laboratories.

Course Content

Course Code: GHM8215	Course Title: Basic skills in Global Health	Course Content
		• Introduction to basic GIS • Overview of basic mathematical modeling • The process of decision analysis • The process and conduct of meta-analysis • Description of cost effectiveness/ cost Utility/cost minimization analysis • The process and conduct of manuscript writing

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	Comprehension	Application
Basic Skills in Global Health	1. Demonstrate understanding of Basic GIS 2. Demonstrate understanding of Basic Mathematical Modelling 3. Demonstrate understanding of simple decision analysis	1. Execute Basic GIS processing 2. Perform Basic Mathematical Modelling 3. Perform simple Decision analysis	30	30	40

	4. Demonstrate understanding of Meta-analysis 5.Demonstrate the understanding of Cost effectiveness/ Cost Utility/Cost minimization analysis 6. Understand the manuscript writing process.	4. Perform basic Meta-analysis 5. Demonstrate understanding of Cost effectiveness/ Cost Utility/Cost minimization analysis 6. Perform manuscript writing task.			

PHP8202 Advocacy Skills for Health Policy
Course description

This course provides students with information and skill building exercises to develop and enhance self and group advocacy skills. The course teaches the skills and strategies necessary to be an effective advocate.

Course Content

Course Code	Course Title	Course Contents
PHP8202	Advocacy Skills for Health Policy	0. Introduction to advocacy in health policy 1. Philosophy and principles of advocacy in health policy 2. Types of advocacy 3. Development and use of advocacy tools 4. Strategies for advocacy in health policy 5. Developing monitoring and evaluation tools in advocacy 6. Evaluating advocacy for health policy 7. Partnerships in advocacy for health policy

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	Comprehension	Application
Advocacy Skills for Health Policy	1. Explain the key principles and types of advocacy in health policy 2. Demonstrate ability to use conceptual and theoretical knowledge to develop, monitor and evaluate advocacy for health policy through a multidisciplinary approach. 3. Describe how to develop and apply strategies for advocacy in health policy through a written and verbal approach.	1. Know the principles and types of advocacies in health policy. 2. Know how to use conceptual and theoretical knowledge in development, monitoring and evaluation of health policy. 2. Acquire written and verbal skills that can be used for effective advocacy.	30	30	40

PMP8206 Health Inequalities and Social Determinants of Health

Course Description

This course will focus on concept and pattern of inequalities, politics of inequalities, social construct and inequality, culture and inequality and measurement of inequalities. Mental health inequalities: Socioeconomic status, education, spatial, ethnic and racial, sex and gender disparities, Disparities in success to mental healthcare, Disparities in quality of mental health care. Social determinants of health. Role of policy and health services in reducing inequalities. Research in health and mental health inequalities

Course Content

Course Code	Course Title	Course Contents
PMP8206	Health Inequalities and Social Determinants of Health	1. Concept and pattern of inequalities 2. Politics of inequalities 3. Social construct and inequality 4. Culture and inequality 5. Measurement of inequalities. 6. Mental health inequalities: Socioeconomic status, education, spatial, ethnic and racial, sex and gender disparities 7. Disparities in success and quality to mental healthcare 8. Social determinants of health. 9. Role of policy and health services in reducing inequalities. 10. Research in health and mental health inequalities

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	Comprehension	Application
PMP8206	1.To define concept and pattern of health inequalities 2.To itemize issues around inequalities 3.To state the different relationship between inequalities – social construct, culture and measurement 4.To discuss mental health inequalities based on socioeconomic status, education, spatial, ethnic /racial, sex and gender disparities	1. Explain inequity in the distribution of health and its fundamental social causes. 2. Apply major theoretical perspectives to the explanation of social determinants of health. 3. Know approaches and methods of measurement of health inequalities. 4. Conceptualize the requirements for effective prevention of disease with a focus on culturally bound issues,	60%	20%	20%

	5.To explain disparities in success and quality of mental health care 6.To list and discuss some social determinants of health 7.To state the role of policy and health services in reducing inequalities	which shape appropriate intervention. 5. Critically evaluate different accounts of health disparities, recognize gaps in knowledge, and identify areas for future research.			

PMP8212 Current Issues in Maternal and Child Mental Health

Course Description

This course will discuss issues about the vulnerable population in terms of mental health access. Also, the peculiar need of treatment and services for this population will be expanded vis-à-vis the challenges of LMICs.

Course Content

Course Code	Course Title	Course Contents
PMP8212	Current Issues in Maternal and Child Mental Health	1. Prevalence, Risk factors and Consequences to women of maternal mental health problems in Low-medium income countries (LMICs) 2. Impact of maternal mental health problems on their infants with particular reference to LMICs 3. Identification of mental health problems during the perinatal period 4. Community-based interventions for improving health and psychosocial outcomes with reference to WHO Mental health Gap (MhGAP) document and LMICs adaptation of it

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	**Comprehension**	**Application**
PMP8212	1. To describes the prevalence, risk factors and Consequences to women of maternal mental health problems in Low-medium income countries (LMICs)	1. To demonstrates the knowledge of the prevalence, risk factors and consequences to women of maternal mental health problems in Low-	60%	30%	10%

	with emphasis on west Africa. m 2. to learn about the impact of maternal mental health problems on their infants with particular reference to LMICs 3. To learn about the identification of mental health problems during the perinatal period 4. Community-based interventions for improving health and psychosocial outcomes with reference to WHO Mental health Gap (MhGAP) document and LMICs adaptation of it	medium income countries (LMICs) 2. To be able to explains the impact of maternal mental health problems on their infants with particular reference to LMICs 3. To describes how to identify mental health problems during the perinatal period 4. To demonstrates the knowledge of Community-based interventions for improving health and psychosocial outcomes with reference to WHO Mental health Gap (MhGAP) document and LMICs adaptation of it			

PMP8205 Mental Health and Addiction Policy

Course Description

The course will provides introduction to developing a mental health and addiction policy and ways of implementation: defining policy, the essential steps in developing mental health policy – assessing the population needs, gathering evidence for effective strategies, consultation and negotiation, setting out the vision, values, principles and objectives of policy, determine area for actions, identify the major roles and responsibilities of different sectors, dissemination of policy, generating political support, developing supportive organization, setting up pilot projects in demonstration areas, empower mental health providers and reinforce inter-sectoral coordination.

Course Content

Course Code	Course Title	Course Contents
PMP8205	Mental Health & Addiction Policy	1. To state the definition of policy in relation to health and Mental Health 2. Learn how to go about the essential steps in developing mental health and addiction policy 3. Discuss the issues involved in implementation of mental health and addiction policy

Course learning objectives, outcome indices and desired competencies

Course	Learning Objectives	Outcome Indices	Desired Competencies (%)		
			Knowledge	**Comprehension**	**Application**
PMP8205	1. To state the definition of policy in relation to health 2. Learn how to go about the essential steps in developing mental policy 3. Discuss the issues involved in implementation of mental health policy	1. To state the definition of policy in relation to health and mental health 2. be able to go about the essential steps in developing mental health and addiction policy 3. Discuss the issues involved in implementation of mental health and addiction policy 4. Be able to develop policy for a selected issue of student choice in mental health or Addiction following the essential steps	50%	20%	30%

Staff List

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17	Prof Aisha Abdu Isma'il	PhD	Professor
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20	Dr Abubakar Isa	LLB, LL.M, PhD	Senior Lecturer
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